



DR KEVIN DOLAN
WEIGHT LOSS SURGEON



REVISIONAL SURGERY GUIDE

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Revision Surgery

Many weight loss surgery patients achieve successful weight loss with a single bariatric surgery. However, others may require a secondary, or revisional procedure if they have experienced weight regain following their original surgery.

This is where Dr Kevin Dolan can help. His extensive experience performing well over 2000 revision weight loss procedures allows him to guide revision surgery patients through the process of deciding which course of treatment is appropriate for them.

There are several reasons why patients may need revision surgery:

- Inadequate weight loss
- Weight regain
- Persistent comorbid health conditions
- Complications after weight loss surgery



What Revision Surgery Does Dr Dolan Recommend?

Through his extensive experience, Dr Dolan most commonly recommends gastric bypass surgery for his patients who need revision surgery. He chooses this type of surgery because recent research is beginning to show some gastric band and gastric sleeve surgery patients are at risk of putting the weight back on in the long-term.

Gastric Bypass Surgery For Revision Patients

Gastric bypass surgery is the most effective treatment for patients suffering from morbid obesity, and who have had no success in maintaining their weight loss after gastric band or sleeve gastrectomy.

Gastric bypass surgery facilitates weight loss in three ways:

- Limiting the amount of food which can be consumed by the patient
- Restricting the amount of nutrients the body can absorb
- Altering the level of gut hormones, leading patients to feel fuller after small meals

Because the procedure for gastric bypass surgery is laparoscopic, it is less invasive, reducing the amount of scarring and ensuring a quicker recovery. There are however, risks involved in gastric bypass surgery. Approximately 10 percent of patients may suffer from minor complications.

Post-Surgical Care

Following gastric bypass surgery you will be required to stay in hospital for 2-3 days to facilitate the recovery process. During the first two weeks following surgery you will be required to adhere to a strict liquid only diet, before moving on to pureed foods. It is also important to drink plenty of fluids in order to avoid dehydration throughout this time.

You will gradually be able to reintroduce normal, solid foods into your diet and begin to resume normal activities approximately two to four weeks following surgery. From this time, you will adopt a long-term diet plan to help maintain your desired weight.

Can Any Surgeon Perform Gastric Bypass Surgery?

The short answer is no. Not every surgeon can perform gastric bypass. This is because the surgery is complex and many years of extensive training and education are needed to perform a surgery like this.

Why Is Revisional Weight Loss Surgery So Complex?

As revisional weight loss surgery is performed on patients who have had prior surgery, there is a heightened risk of complications and obstacles your surgeon must deal with.

Some of these complications Dr Dolan has to be mindful of when performing revision surgery is:

- Scar tissue alters the anatomy and makes the surgery more difficult
- Scar tissue does not heal as well as healthy tissue

During your gastric bypass surgery, Dr Dolan will decrease the size of the functional section of the stomach so it's about the size of an egg. He will then create a stoma, or a small opening, between the stomach and the intestine. Dr Dolan then attaches a part of the small intestine to the smaller stomach pouch, which allows the food to bypass the section of the small intestine that absorbs calories and nutrients.



Why Dr Kevin Dolan?

Dr Kevin Dolan is a highly experienced Advanced Laparoscopic Surgeon who has personally performed more than 7000 laparoscopic weight loss operations and over 2000 revisional weight loss surgeries.

He is committed to helping his patients achieve and sustain long-term weight loss, in conjunction with a team of bariatric physicians, dieticians, psychologists, exercise physiologists, nurses and patient support group.

Dr Dolan recognises the importance of continual growth, both for his patients and in his own work. Dr Dolan is constantly expanding his own knowledge and furthering his training in modern surgical techniques.

During your weight loss journey, our dedicated team of qualified and friendly professionals will make sure you have the support and assistance necessary while you recover from surgery and work towards your weight loss goals.



Dr Kevin Dolan Weight Loss Surgeon

Our consulting rooms are located on Arnisdale Road, Duncraig WA. Dr Dolan performs bariatric surgery at 4 locations, including Glengarry Hospital in Duncraig, Saint John of God Hospital in Subiaco, Hollywood Hospital in Nedlands and Mercy Hospital in Mount Lawley.

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ACTUAL PATIENT